

PEEL

TREATMENT GUIDE



Post-Care Expectations:

- Immediate pinkness of the skin, giving it a 'rosy' glow for the first 1-2 days.
- Tight feeling of the skin for 2-3 days.
- Peeling or flaking of the skin starting 2-3 days following the peel, which can continue for up to 7-10 days.
- Swelling, particularly around the eyes.
- Dryness and itching of the skin.

Possible Complications:

Complications could potentially occur with peels. Careful attention to the doctor's instructions is imperative. Contact the office immediately, or go to an urgent care center if any of the following occur:

- Skin infection (pus, oozing, fever).
- Appearance of a cold sore on the lips or any other portion of the peeled area (if you have a history of cold sores, let us know so we can prescribe Valtrex for you).
- Allergic reaction, acne or irritation.
- Wind or sun sensitivity; sun may increase the possibility of swelling and redness.
- Extreme reactions, such as scarring or keloids.
- Increase or decrease in skin pigmentation, which does not blend with normal skin after healing from treatment.
- Itching, erythema swelling.



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