

MICRODERMABRASION



Post-Care Expectations:

- Skin may feel wind-burned and/or tight for a day or two after treatment.
- You may experience dryness and peeling for a day or two post treatment. A gentle moisturizer should be applied as frequently as needed.

Post-Care Instructions:

DO's:

- For the next 3 days use tepid water on treatment area: do not use hot water.
- Makeup may be applied after treatment if necessary.

DO NOT's:

- Do not submerge area treatment in chlorinated pool or hot tub for 3 days after treatment.
- Do not use Retinol products, Alpha or Beta Hydroxy products, Salicylic Acid/Salicylate products, or Glycolic products on treated area for 3 days.
- Stay out of direct sunlight for the next 14 days. If you must be outdoors use sunscreen with a minimum SPF 30.
- Do not have a waxing on treated area for 14 days after treatment.
- Do not have another microdermabrasion or skin peel for 14 days after treatment.



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